

SEXUAL VIOLENCE PREVENTION AND EDUCATION

Curricula and Activities

Quit It

Overview

Contains ten lessons focused around three sequential themes. Each lesson is divided into activities geared to the developmental needs of students in Kindergarten through grade three. Class discussions, role plays, creative drawing and writing activities, physical games and exercises and connections to children's literature give children a vocabulary and a conceptual framework that allows them to understand the distinction between teasing and bullying. Ideas for communicating with parents are also included.

Target Audience

K-3rd grade

Contact Information

Wellesley Centers for Women

Wellesley College

Phone: 781-283-2500

Email: nstein@wellesley.edu

Website: <http://www.wcwonline.org/title42.html>

Bullyproof

Overview

This guide provides a framework for teachers and students to understand bullying, to identify the differences between bullying and teasing as well as the definition of sexual harassment, and to develop appropriate responses to such behaviors. It consists of 11 core lessons comprised of writing activities, reading assignments, class discussions, role plays, case studies, and homework assignments that engage children to think about the distinctions between “teasing” and “bullying”. These activities help children focus on the boundaries between appropriate and inappropriate, playful and hurtful behavior.

Target Audience

Youth, grades 4-5

Contact Information

Wellesley Centers for Women

Wellesley College

Phone: 781-283-2500

Email: nstein@wellesley.edu

Website: <http://www.wcwonline.org/title42.html>

Aggressors, Victims & Bystanders: Thinking and Acting to Prevent Violence

Overview

This publication is part of the *Teenage Health Teaching Modules*, a comprehensive health education curriculum for middle and high school students. This module analyzes habits of thought that promote, allow for, or prevent violence. In addition to considering the behaviors and motivations of people who commit acts of violence, the module addresses the roles that victims and bystanders play in violent situations. It explores how all three groups can respond differently to conflict. In 12 sessions, students learn and practice conflict-resolution skills that enable them to stay safe while maintaining self-respect and respect for others.

Target Audience

Youth, Grades 6-8

Contact Information

Education Development Center, Inc.

Telephone: 617-969-7100

Fax: 617-244-3436

E-mail: edcorders@abdintl.com

Web site: <http://www.thtm.org/>

Expect Respect: A School-Based Program Promoting Safe and Healthy Relationships

Overview

The Expect Respect program is a school-wide approach that includes a support group curriculum for safe and healthy relationships. The program goals are 1) to enhance safety and respect on school campuses, 2) raise expectations for equality and respect in relationships, 3) support youth in healing from past abuse, and 4) promote youth leadership in violence prevention. Groups can meet on campus during school hours for 12- 24 sessions. The curriculum contains a background on teen dating violence, instructions on how to facilitate, handouts, pre/post test questionnaires and a resource list. The support groups cover a variety of topics such as:

- Equality and respect
- Recognizing abusive relationships
- Skills for healthy relationships
- Getting the message out
- Self-care

Target Audience:

Youth, middle through high schools

Contact Information

SafePlace

Austin, TX 78760

512/267-SAFE

Email: bball@safepace.org

Website: www.austin-safepace.org

Flirting or Hurting? A Teacher's Guide to Student-to-Student Sexual Harassment in Schools

Overview

The curriculum includes 6-10 classroom lessons, suitable for Social Studies, English, Psychology, or Health Classes. It includes student handouts (case studies, ethnography assignments, quizzes, a survey, definitions, and legal information), as well as teacher materials (background teaching notes, troubleshooting, and supplemental readings, including Supreme Court cases and articles from teen magazines and the popular education press).

Target Audience

Grades 6-12

Contact Information

Wellesley Centers for Women

Wellesley College

Phone: 781-283-2500

Email: nstein@wellesley.edu

Website: <http://www.wcwoonline.org/title42.html>

Cyberbullying: A Prevention Curriculum

Overview

Cyber bullying is a particularly insidious, powerful, and devastating form of bullying. Although cyber bullying happens outside school, it affects what happens in school, contributing to poor school performance, depression, and even suicide. However, schools and students have found ways to resist and intervene in cyber bullying. This program can help your students protect themselves and their friends 24/7.

This highly engaging, eight-session curriculum helps students understand what cyber bullying is, its consequences, and what students should do if they are cyber bullied. The program includes a facilitator's guide and a CD-ROM of reproducible handouts, posters, parent materials (in English and Spanish) and information on how to address cyber bullying in a comprehensive school-wide prevention effort.

Target Audience

Grades 6-12

Contact Information

Hazelden Publishing and Education Services

Phone: 651-213-4030

Toll-free: 800-328-9000 ext. 4030

Fax: 651-213-4793

Web site: www.hazelden.org

Safe Dates

Overview

Safe Dates is a school-based program designed to stop or prevent the initiation of psychological, physical, and sexual abuse on dates or between individuals involved in a dating relationship. Intended for male and female middle and high school students 12 to 18 years of age, the Safe Dates program can stand alone or easily fit within a health education or family or general life skills curriculum. Because dating violence is often tied to substance abuse, Safe Dates also may be used with drug and alcohol prevention and general violence prevention programs.

The Safe Dates program includes a curriculum with nine 50-minute sessions, a 45-minute play to be performed by students, and a poster contest. Program goals are to:

- Change adolescent dating violence norms
- Change adolescent gender-role norms
- Improve conflict resolution skills for dating relationships
- Promote victim and perpetrator's beliefs in need for help and awareness of community resources for dating violence
- Promote help-seeking by victims and perpetrators
- Improve peer help-giving skills

All program materials, including reproducible student handouts, are included in the Safe Dates binder. Suggestions for a six- or four-session curriculum are provided, but program fidelity is best maintained by completing the nine-session curriculum, the play, and the poster contest.

Target Audience

Male and females, 12-18 years of age

Contact Information

Hazelden Publishing and Education Services

Phone: 651-213-4030

Toll-free: 800-328-9000 ext. 4030

Fax: 651-213-4793

Email: astanding@hazelden.org

Web site: www.hazelden.org

Gender Violence/ Gender Justice

Overview

The purpose of this teaching guide is to explore power, inequities, and violence in relationships as well as friendship, interventions, justice, and courage in relationships. The large subject of gender violence, which includes hazing, sexual harassment, and sexual assault, can be deepened, reinforced and strengthened by connections to and infusion into social studies and humanities courses.

Classroom discussions on these topics can be extended beyond a particular lesson through literature,

writing assignments, case studies, mock trials, and research assignments. The unique feature of this teaching guide is that it is literature- and history-based. Going beyond discussions of negative interpersonal interactions, the teaching guide makes use of selections from literature and history to include lessons on the themes of friendship, mutuality, affection, courage, and loyalty – some of the qualities that we hope will replace violence and coercion in interpersonal relationships. It is one thing to find books and historical incidents that highlight violence; it is quite another to find literary sources and historical incidents that bring out the positive and allow us to imagine relationships without violence and coercion.

Target Audience

Grades 7-12

Contact Information

Wellesley Centers for Women

Wellesley College

Phone: 781-283-2500

Email: nstein@wellesley.edu

Website: <http://www.wcwonline.org/title42.html>

Tough Guise

Overview

While the social construction of femininity has been widely examined, the dominant role of masculinity has until recently remained largely invisible. *Tough Guise* is the first educational video geared toward college and high school students to systematically examine the relationship between pop-cultural imagery and the social construction of masculine identities in the U.S. at the dawn of the 21st century.

In this innovative and wide-ranging analysis, Jackson Katz argues that widespread violence in American society, including the tragic school shootings in Littleton, Colorado, Jonesboro, Arkansas, and elsewhere, needs to be understood as part of an ongoing crisis in masculinity.

This exciting new media literacy tool-- utilizing racially diverse subject matter and examples-- will enlighten and provoke students (both males and females) to evaluate their own participation in the culture of contemporary masculinity.

Target Audience

College and high school students

Contact Information

Media Education Foundation

Phone: 800-897-0089

Fax: 800-659-6882

Email: info@mediaed.org

Website: <http://www.mediaed.org/videos/MediaGenderAndDiversity/ToughGuise>

The Mentor's in Violence Prevention (MVP) Playbook and Trainer's Guide

Overview

The Mentors in Violence Prevention (MVP) Model is a gender violence, bullying, and school violence prevention approach that encourages young men and women from all socioeconomic, racial and ethnic backgrounds to take on leadership roles in their schools and communities. The training is focused on an innovative "bystander" model that empowers each student to take an active role in promoting a positive school climate. The heart of the training consists of role-plays intended to allow students to construct and practice viable options in response to incidents of harassment, abuse, or violence before, during, or after the fact. Students learn that there is not simply "one way" to confront violence, but that each individual can learn valuable skills to build their personal resolve and to act when faced with difficult or threatening life situations.

Target Audience

High school boys and girls

Contact Information

MVP Strategies

Email: mvpstrategies@aol.com

Website: <http://www.jacksonkatz.com/aboutmvp.html>

The Men's Program

Overview

The Men's Program is a unique, all-male peer education program conceptualized, developed, implemented and practiced by the author, John Foubert. This program is designed to educate young men (college and high school aged) on how to lower the likelihood of committing rape themselves, further educate their peers in the hope of preventing rape, and also give them advice on how to comfort a friend who comes to them after being raped. This book is the central piece of the program, and is necessary for all peer educators who wish to implement and run a program. The text contains a detailed script for how to run a program, and a training course and recruiting information for new peer educators. A variety of handouts and worksheets are provided, for both peer educators and participants.

Target Audience:

High school and college aged men

Contact Information:

The One In Four Men's Program

Phone: (757) 221-2322

Email: jdfoub@wm.edu

Website: www.oneinfourusa.org